



# PRE-ORDER MENU

The following items are available for pre-order through Flexischools for student lunch orders.

## DAILY SPECIALS - \$4

Please check Flexischools for Daily Specials available each Term.

## COLD SNACKS

Hummus & Veg sticks	\$3.00 GF
Boiled Egg	\$1.00 GF
Berry Crunch Yoghurt	\$3.50 GF
Vaaliala Fruit Yoghurt Pouch	\$2.50 GF
Watermelon Cup	\$2.00 GF
Custard or Jelly Tub	\$1.00 GF
Custard & Jelly Cup	\$1.00 GF
Fruit Salad Tub	\$4.00 GF
Smoothies:	\$4.00 GF
Coco Banana or Berry	
Cheese, Crackers, Dip	\$3.00 GFO
Berry Chia Pudding	\$3.50 GF

## FROZEN SNACKS:

Twisted Frozen Yoghurt	\$2.50 GF
Fruit Juice Icy Cup	\$1.00 GF
Frozen Juice Bar	\$1.50
Quelch Ice Blocks	50c
Slushie	\$2.00

## SNACKS:

Chips	\$2.00 GF
Cookie - Chocolate Chip	\$1.00
Cookie - M&Ms	\$1.50
Muffin - Chocolate	\$2.50
Popcorn - Original	\$1.50 GF
Cheese & Bacon Roll	\$2.50
Banana Bread	\$3.00 GFO

## HOT FOOD:

Chicken Nuggets - 4 or 6	75c/ea
Chicken Tenders	\$2.50
Chicken Corn Tender	\$3.00
Croissant - Ham & Cheese	\$4.00
Garlic Bread - Full	\$3.00
Garlic Bread - Half	\$2.00
Pie - Small	\$2.50
Sausage Roll	\$3.50
Chicken Tender Wrap	\$3.50
Spinach & Feta Roll	\$4.00
Beef Burrito Bowl	\$5.00 GF
(Mexican spiced beef, rice, slaw, corn, cheese, sour cream)	

## GF HOT FOOD:

GF Lasagne	\$4.50
GF Mac n Cheese	\$4.50
GF Chicken Tenders	\$2.50
GF Chicken Nuggets x 4	\$3.50
GF Chicken Nuggets x 6	\$4.50

## TOASTED POCKETS:

Cheese	\$2.50 GFO
Ham & Cheese	\$3.00 GFO
Mexican	\$3.50 GFO

## SALAD BAR:

Caesar Salad	\$4.50
Garden Salad	\$4.00 GF
Thai Chicken Noodle Salad	\$4.50 GF
Chicken & Bacon Pasta Salad	\$4.50
(Chicken, bacon, cheese, spinach, pasta, mayo dressing)	
Add - Ham, Chicken, Egg	\$1.00 GF

## BURGERS & BAGUETTES:

Cheeseburger	\$4.50
Chicken Burger	\$4.50
Egg & Bacon Roll	\$4.00
Chicken Caesar Baguette	\$5.00

GF - Gluten Free    GFO - Gluten Free Option



## DRINKS

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### JUICES/WATER:

Just Juice Poppa Box	\$1.50
Pop Top Juice - 200ml	\$2.50
Juice - 250ml	\$3.00
Sparkling Water - 475ml	\$3.00
Water - 600ml	\$2.00
Water - 1.5 Ltr	\$3.50
Slushie	\$2.00

### MILK:

OAK Full Cream Flavoured (300mls)	
- Chocolate	\$2.60
- Coffee	\$2.60
- Strawberry	\$2.60
OAK Flavoured (600mls)	\$4.00
OAK Thick Shakes (475mls)	\$4.00
Plain Milk - 300mls	\$1.50
Plain Milk - 600mls	\$2.50
Soy Milk Poppa -250mls	\$2.00